



Independent Living Move-In Checklist

Making a new apartment feel like home.

One important tip before you start: Every senior living community is different. Ask what is already provided before purchasing or packing supplies.

Furniture and Bedroom Essentials

- ☐ Bed, mattress, and pillows
- ☐ Sheets, blankets, and comforter
- ☐ Nightstands and bedside lamps
- ☐ Dresser and closet organizers
- ☐ Comfortable chair or recliner
- ☐ Sofa or loveseat
- ☐ Dining table and chairs
- ☐ Television and remote
- ☐ Bookshelves or storage furniture
- ☐ Family photographs and favorite decorations

Kitchen Essentials

- ☐ Plates, bowls, cups, and glasses
- ☐ Silverware and basic cooking utensils
- ☐ Basic/Small pots and pans, if cooking is permitted
- ☐ Coffee maker or electric kettle, if allowed
- ☐ Dish towels and oven mitts
- ☐ Hand soap for the kitchen sink
- ☐ Hand towel for the kitchen sink
- ☐ Dish soap and sponges
- ☐ Kitchen garbage can and trash bags
- ☐ Paper towels
- ☐ Basic pantry items and favorite snacks
- ☐ Food storage containers

Bathroom Essentials

- ☐ Shower curtain, liner, and hooks (if needed)
- ☐ Bath towels and washcloths
- ☐ Hand towels for every bathroom sink
- ☐ New bottle of hand soap for every sink
- ☐ Bathroom garbage can for each bathroom
- ☐ Toilet paper and tissues
- ☐ Toothbrush, toothpaste, and personal hygiene items
- ☐ Shampoo, conditioner, and body wash
- ☐ Bath mat, if permitted
- ☐ Hairbrush, comb, and grooming supplies
- ☐ Shower chair or grab-bar accessories, if approved and needed

Clothing and Personal Items

- ☐ Everyday clothing and seasonal clothing
- ☐ Pajamas, underwear, and socks
- ☐ Comfortable, non-slip shoes
- ☐ Coat, sweaters, and outdoor clothing
- ☐ Medications and medical supplies
- ☐ Glasses, hearing aids, and chargers
- ☐ Phone, tablet, and charging cables
- ☐ Important documents and emergency contacts
- ☐ Hobby supplies, books, and favorite activities
- ☐ Pet supplies, if applicable

Household Items

- ☐ Laundry basket and laundry supplies
- ☐ Hangers
- ☐ Vacuum, broom, and basic cleaning supplies
- ☐ Garbage cans for the bedroom, office, and other appropriate areas
- ☐ Clock and calendar
- ☐ Nightlights
- ☐ Approved power strips
- ☐ Basic first-aid supplies

Compass Care Tip: Before moving any furniture, measure the apartment, doorways, and hallways. Also ask about housekeeping, meals, laundry, and maintenance. You may not need to bring nearly as much as you think!

The 10 Most Commonly Forgotten Move-In Items

- ☐ **1. Shower curtain, liner, and hooks** — Not every apartment provides them.
- ☐ **2. Hand soap for every sink** — Don't forget the kitchen or second bathroom.
- ☐ **3. Hand towels for every sink** — Especially guest bathrooms and kitchenettes.
- ☐ **4. Garbage cans for each appropriate area** — Bathrooms, bedroom, kitchen, and living areas.
- ☐ **5. Trash bags** — Bring the correct size for each can.
- ☐ **6. Toilet paper and tissues** — Confirm whether they're provided.
- ☐ **7. Phone chargers and hearing-aid chargers** — Easily forgotten in the rush.
- ☐ **8. Television remote and batteries** — Plus instructions for operating the television.
- ☐ **9. Hangers and laundry basket** — Especially if the community handles laundry.
- ☐ **10. Nightlights and a favorite pillow** — Small comforts can make the first night easier.

For Adult Family Homes and Memory Care, always confirm which items are supplied or permitted before purchasing them.

Whether you're just beginning to explore options or preparing for moving day, we're here to help you understand the choices, coordinate the details, and navigate the unexpected.

Because aging is complicated. We're your Compass.

(509) 995-5554

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